. Russian Video

[Video - Russian Numbers](https://youtu.be/3KHjCO7n4wA).

Watch this video to help you remember the numbers. Try pronouncing the words after you hear them. Then turn the sound down and read the words aloud.

2. Counting

Count forwards in Russian from 1 to 20.

Count backwards in Russian from 20 to 1.

3. Reading Numbers

Can you recognise the following numbers when they are written in Russian
девять
шесть
четыре
один
десять
двенадцать
двадцать
восемьдесят
сто
пятнадцать
сорок

4. Phone Numbers

See if you can read out the following phone numbersin Russian:
a. 22 56 78 54
b. 79 09 34 51
c. 43 85 99 20

You may also wish to try our [Russian Language Trainer](https://www.russianlessons.net/trainer/trainer.php) to help you remember some of this lesson.